## Mindful Follow-Up

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Let's rethink follow-ups! Focus on building trust and real connections instead of just chasing the 'yes'.

## Clarity, Not Pressure



Be clear about your intentions. Avoid pushing too hard. Focus on providing value to the other person.



Values-Led
Outreach
Let your values guide

your outreach.
Consistency and
authenticity will make a
difference. Be genuine.



Trust Grows
Quietly

Trust takes time. Don't rush the process.
Nurture relationships for sustainable growth and success.



Tone and Timing

Consider your tone.
Choose the right time to follow up. Be thoughtful and considerate in your approach.



## Showing Up Matters

Just showing up is half the battle. Consistent effort and presence makes a difference. Keep at it.

## Keep Showing Up

Stay intentional. Value connections, not just conversions. Your presence matters even without immediate results.

The purpose should be to feel real



